

Medical Board of Australia consultation on the funding of external doctors' health programs

Submission received from: **Name withheld**

Question 1: Is there a need for health programs?

Do you see any value in, or need for external health programs for medical students and/or doctors? Please explain your reasoning

Yes, strongly agree with the existence of such a service. For many things, doctors are likely/able to access usual services for care. For some aspects, particularly work-related, psychological or confidential issues, a separate, dedicated and skilled set-up is of great benefit. Especially for referral to practitioners who have knowledge and experience specifically related to doctors. Being 'on the other side of the table' can be a huge leap. A doctor must have confidence in the skill and expertise of a practitioners or else they wont participate.

Independent bodies, such as the VDHP, acting for and with doctors, have great authority and credibility.

Question 2: Preferred model for external health programs

Of the existing models in Australia as described above, is there a model that you would prefer to see adopted nationally? Is there an alternative model that you would like to see adopted nationally?

Question 3: The role of the Board in funding external health programs

Do you believe that it is the role of the Board to fund external health programs?

Yes

Question 4: Range of services provided by doctors' health programs

What services should be provided by doctors' health programs. In addition to the ones you have selected, what other services (if any) should be provided by doctors' health programs?

Telephone advice during office hours

Telephone advice available 24/7

Referral to expert practitioners for assessment and management

Develop and maintain a list of practitioners who are willing to treat colleagues

Education services for medical practitioners and medical students to raise awareness of health issues for the medical profession and to encourage practitioners and students to have a general practitioner

Programs to enhance the skills of medical practitioners who assess and manage the health of doctors

Case management and monitoring (including workplace monitoring) the progress of those who voluntarily enter into Case Management agreements (or similar) with the service

Follow up of all participants contacting or attending the service

Assistance in finding support for re-entry to work and rehabilitation

Research on doctors' health issues

Publication of resources – maintaining a website, newsletters, journal articles

Question 5: Funding

How much of an increase in registration fees is acceptable to you, to fund doctors' health services?

\$25 - \$40

Question 6: Other comments

Do you have any other comments or feedback about external health programs?