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Sent: Monday, 23 September 2013 10:34 AM
To: medboardconsultation
Cc: peter.dutton.mp@aph.gov.au; a.albanese.mp@aph.gov.au; Gavin.Jennings@parliament.vic.gov.au; David.davis@parliament.vic.gov.au; macquariefields@parliament.nsw.gov.au; office@skinner.minister.nsw.gov.au; bundamba@parliament.qld.gov.au; Health@ministerial.qld.gov.au; Kon.vatskalis@nt.gov.au; minister.lambley@nt.gov.au; bragg@parliament.sa.gov.au; Minister.health@health.sa.gov.au; Kwinana@mo.wa.gov.au; Minister.Hames@dpc.wa.gov.au; Jeremy.rockliff@parliament.tas.gov.au; Michelle.O'Byrne@parliament.tas.gov.au; webmaster@liberal.org.au; andrew.wilkie.mp@aph.gov.au; Anne Bressington; senator.xenothon@aph.gov.au; AMC; info@chf.org.au
Subject: 'Consultation - Good Medical Practice' to medboardconsultation@ahpra.gov.au by close of business on 27 September 2013. - LETTER OF APPEAL

Attn:

MEDICAL BOARD OF AUSTRALIA

<http://www.medicalboard.gov.au/News/Current-Consultations.aspx>

Consultation on the draft revised Good Medical Practice: A Code of Conduct for Doctors in Australia

Released: 1 August 2013

Closes: 27 September 2013

To; Dr. Joanna Flynn,
Prof. Belinda Bennett
Dr. Stephen Bradshaw,
MS. Prudence Ford,
Dr. Fiona Joske,
Dr. Charles Kilburn,
Mr. Paul Laris,
Mr. Robert Little,
Dr. Rakish Mohindra,
Prof. Peter Procopis,
Adjunct Prof. Peter Wallace.
23 September, 2013.

LETTER OF APPEAL

"The Practice of Medical Conscience and Spiritual Value: A Plea to End Water Fluoridation"

Your review has come to my attention and I wish to submit this plea for your considered review of water fluoridation as public policy. Please do not endorse this archaic practice any longer. Endorsement of this dental industry promoted practice only undermines the credibility of the medical profession, which should adhere to higher values and be independent of industry financial interests. The community expects the medical profession to have as its first principle that of doing no harm in its practise of medicine, and of having the best interests of the community and of individuals as the highest goal - over and above financial interests. Too often today we see the profit motive comes before every other consideration. This attitude has crept in like a corrupting stealth virus, and now we see the obesity of disease clogging the very life blood of our nation.

We have more than enough clear and credible scientific evidence now to prove water fluoridation is a danger at least to some people's health because of toxic exposure and chemical sensitivity, and for this reason the practice is unethical. You cannot control the dose people receive of this industrial grade chemical, which is administered for therapeutic reasons (caries prophylactic).

Even though the administration of a systemic poison via the public drinking water supply may lead to increase in disease and profitable therapies that result (this being desirable for industry and economy), there comes a tipping point which we have reached, where the tax-payer-funded medical benefits system can no longer cope and is showing signs of breakdown from excessive load. Doctors' and nurses' own health is breaking down under the stress load as the community's rate of disease and illness accelerates, stretching resources to the max and beyond. How long are you going to be able to chase this exponential growth in disease proliferation, a run-away train ever gathering momentum? It is clearly not sustainable. A collapse is imminent if we don't take drastic steps to stall the speed of increase of disease in the community (doctors and nurses included).

Clearly the human body can take only so much abuse from exposure to environmental pollutants, synthetic chemicals and lack of quality nutrition. This is the underlying etymology of degenerative disease increase today. A concerted approach needs to be formulated based on living a healthy lifestyle. To some extent there has been an attempt to address some of the lifestyle practices leading to excessive free radical damage such as smoking and excessive drinking.

However there are many more leaks in the bucket to plug before we can begin to stop the loss of water, including: chemicals added to processed foods and over-processing of those foods, over-consumption of processed sugar and wheat (the current food pyramid having too much weighting in carbohydrates and not enough in good fats/proteins), and diminishing vitamin and mineral content of foods due to industrial chemical farming methods. Nutrients at dangerously low levels include magnesium and iodine, which are both essential for thyroid health. Their toxic nemesis is fluoride, its toxicity being exacerbated when magnesium and iodine are in short supply. An Australian iodine study of school children in 2006 found children in all fluoridated states had sub-normal levels of iodine, and that iodine was essential for brain development and IQ.

Obviously a concerted approach is required to move towards a healthy environment and lifestyle for all Australians. Dental work is a matter of 'too little too late' - or trying to close the gate after the horse has bolted. No amount of dental work will stop the systemic decay and free radical damage in every cell of the body resulting from toxic exposures and too little nutrition (including the adequate consumption of clean water, that is without chemicals).

I grew up in Sydney drinking fluoridated water and received a mouth full of mercury amalgam fillings. I had all the modern trappings of dentistry, but was later to discover my chronic constipation, gastric reflux and later hypothyroidism were symptoms of fluoride toxicity. When fluoride mixes with hydrochloric acid in the stomach it forms hydrofluoric acid which scours the stomach lining and kills beneficial bacteria necessary for digestion.

Fluoride doses in the amount many people drink in fluoridated water were used by doctors in the 1960's to treat hyperthyroidism. Fluoridated water is used as a caries prophylactic, but it also suppresses thyroid activity.

Less than 5% of the world remains fluoridated. This includes Australia, which has become the biggest fluoridator in the world. This is not a record I am proud of, as fluoridation is a violation of human rights - the right to informed consent to medical treatment.

It's time to come clean. Our water is dosed with industrial grade sodium fluoride, sodium silicofluoride or hydrofluorosilicic acid (classification S6 Poisons). You cannot control the dose and you don't know how much people are exposed to. It is impossible to guarantee safety for people with kidney disease, chemical sensitivity, hypothyroidism, osteoporosis, infants, the elderly and infirm. The poorest and most vulnerable are the ones least able to afford expensive filters, and the most likely to suffer the diseases of poor nutrition, including dental caries.

Unfortunately, fluoridated water is no magic bullet. It is a slow toxic bullet that delivers an enzyme-inhibiting attack on the nervous system. It is, after all, a pesticide.

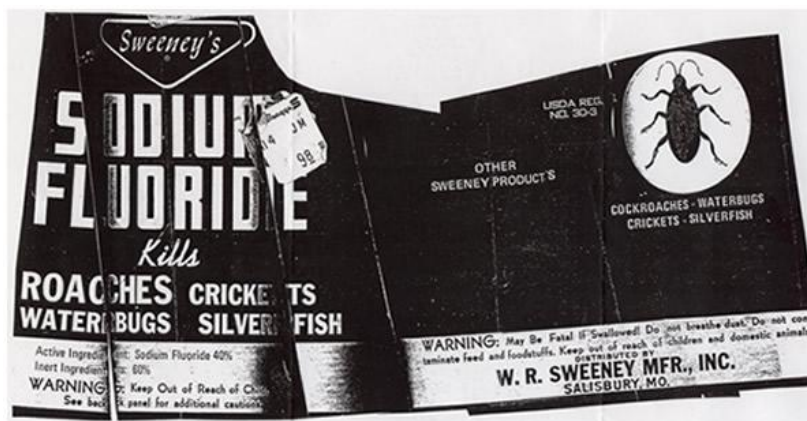
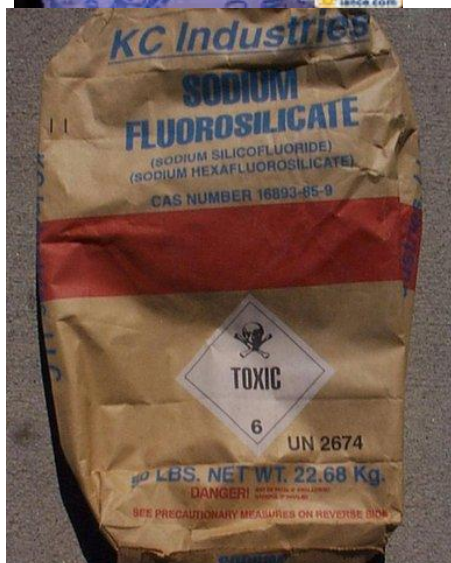
Tasmania is a good example of the disaster of fluoridation public policy. It was the first state to commence fluoridation in 1953 with nearly full fluoridation levels since then, and it has the worst adult oral health in Australia. In fact, it has been dubbed in the media as the 'rotten apple' of Australia.

It's time to 'fess up' to our past mistakes and cease this remnant of the post war era, before it 'ceases' us. Fluoridation has been a massive failure in public health policy. Save your tax dollars for promotion of clean environment, healthy lifestyle and good nutrition instead. Ask yourselves, do we really want our cells to incorporate industrial waste products?

The reality



"think again"



Sandy Sanderson

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