

Executive Officer
Medical
AHPRA
GPO Box 9958
Melbourne
VIC 3001

5 April 2012

Re: Consultation-cosmetic medical and surgical procedures

Dear Sir/Madam,

Thank you for the opportunity to comment on the *Draft supplementary guidelines on cosmetic medical and surgical procedures for "Good Medical Practice: A code of conduct for doctors in Australia"*.

Clear Complexions Clinics have long recognised that in order to ensure consumer safety in the burgeoning cosmetic medical area that specific training, expertise and experience is necessary to provide this care regardless of discipline and have developed a nursing model of care that provides safe and effective services for clients when they are choosing a skin care service provider. Clear Complexions Clinics and have been operating in three locations in Canberra, ACT for over five years and currently employ twelve nurses and a medical officer.

Services offered at Clear Complexions Clinics comply with current applicable laws, are provided by nurses within a well defined scope of practice and are guided by standard operating policy and procedures based on best practice principles.

Services provided by the nurses include:

- A medical/surgical history and skin assessment including a written report for clients
- A comprehensive treatment plan supported by written information and including an informed financial consent component
- Cosmeceutical skin care product prescription
- Fraxel laser skin resurfacing for scarring from trauma, surgery and disease; pigmentation disorders and skin rejuvenation
- Intense pulsed light for hair removal, leg vein reduction and skin rejuvenation
- Omnilux LED light therapy for skin healing post-operatively, acne, rosacea, psoriasis and skin rejuvenation
- Chemical peels and microdermabrasion for acne, rosacea and general skin health
- Radiofrequency probe for removal of benign skin lesions
- Dermal fillers

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- Botulinum neurotoxin/Botox injections (in a collaborative arrangement with a medical officer)
- Referral for skin pathology, routine skin cancer screening and other conditions outside of the scope of practice.

We would particularly like to commend the Medical Board of Australia for adopting guidelines that support persons under 18, that facilitates the coordination and continuity of care for clients, that encourages referral to another practitioner and that values working within the parameters of scope of practice.

Having these supplementary guidelines in place will assure us when referring our clients to medical colleagues for procedures that fall outside our scope of practice that consumer safety is paramount.



Suzie Hoytink
Registered Nurse, Chief Executive Officer
Member, Australasian Society of Cosmetic Medicine

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